# ACHCC EJ Meeting 6 | June 16, 2022

# 1) Public Facilities incl. public improvements, public services, and community amenities

## Issues Summary

- Concerns about public sidewalks and streetscape, including trees
- Need for community "hubs" given lack of downtown/centralized location, incl. hubs for public wi-fi
- Insufficient access to nearby parks, green space, and schools
- Orgs serving unincorporated are over-tapped; interest in community-run spaces and hubs
- Inadequate public transportation
- Lack of local transition facilities & services (youth, re-entry, homeless)

## Policy Examples: 2015 Ashland Cherryland Community Health & Wellness Element

Expand broadband and public Wi-Fi capacity and accessibility via instituting Open Trench policy, partnering with Lit San Leandro and other related local initiatives. (Action F.6--PWA, CDA)

Support the construction and maintenance of high-visibility sidewalks, bike paths and crosswalks, particularly around schools, to increase access, safety and mobility of pedestrians and cyclists. (Action H.3 -- CDA, PWA)

Increase investment in tree planting, incentives for green buildings and cool paving, and actively pursue the creation of new green spaces in areas with the highest heat-related vulnerability and/or highest ambient temperatures. (Policy J.6--CDA, PWA)

## Policy Examples: Other Jurisdictions

The City will provide tools and networks to encourage the creation of Neighborhood Resilience Hubs by streamlining regulatory and policy processes and by connecting organizations with partners that can provide guidance, technical assistance, and financial capacity. (Resilient Los Angeles Policy 22)

Develop and implement a plan to provide transition facilities and services for people facing homelessness, substance abuse and mental health issues. Link homeless programs with supportive services such as mental health, substance abuse and primary health care. (Richmond, Action HW5.H)

## Policy Ideas

Think SMART: specific, measureable, actionable, realisic, and time-based

Who's here? Matt Turner, Ali Abbors, Corrine Lee, Jenny Wang, Andy Nelson, Amber Lo, Stephen Marea, Liz McElligott, April Williamson, Erik Sakamoto

- Defending public facilities and open space in areas with significant deficit from conversion to housing. Increasing density in communities that lack amenities destroys livability.
- Work with business community and county to create placemaking
- Must fund safety, so residents feel safe walking in their neighborhoods.
- County support for resilience hubs, run by community
- Is there any interest to create parklets?
- Support ongoing efforts for multimodal connectivity between El Cerrito and Fremont
- Plant x number of trees a year
- Putting pressure on school districts that are eliminating schools in Priority Communities to either rethink their choices, or convert former schools to public facilities that will meet the needs of Priority Communities.
- Invest in and build out additional beautiful outdoor community gathering spaces.
- School based resilience hubs in colllaboration with community, County other stakeholders'
- Utilizing existing hubs for reentry populations (e.g., library spaces, comm. centers) and dedicating space/ time
- Explore ability of mixed use housing developments to support vulnerable populations (e.g., reentry, MH, SUD)
- Incorporate reentry population in public facility planning/ expansion
- Opportunities for home-based healing models (e.g., family homes to support reentry, homeless, etc.)
- Reduce vehicle idling
- Increase affordable homes and connect them to supportive services including mental health services
- One-stop welcome hubs for adult populations (similar to REACH)
- Collaborate with schools for adult reentry to address ACEs for children of formerly incarcerated (whole family care)
- Educate decision makers about the extreme need for institutional mental health and substance addiction facilities. The community care model is inadequate.
- Strengthening existing facilities into hubs, what becomes community resource hub outside in case of emergency
- Increase public transportation routes or add shuttles that connect to other public transportation
- Rethinking streetscapes to prioritize activating spaces for those who live, work and shop in a place, rather than emphasizing throughput and speed of vehicles. Examples include shifting wide medians into tree strips and wide sidewalks, making the street space focused on human scale and use, rather than automotive scale and sue.
- Something similar as Fremont Family Resource Center for Ashland/Cherryland
- support Alameda CTC multi-modal facilities--work with PWA to close gap between E 14th and San Leandro border, including placemaking

# 2) Health & Physical Activity incl. active transportation, access to parks & rec, neighborhood safety, physical & mental healthcare

## Issues Summary

- Need for mental health, re-entry, and homeless services; trauma-informed response
- Need for Safe Routes to Schools
- Need for affordable and culturally appropriate recreation opportunities
- Need for youth development programming for physical and mental health
- Inadequate park/ open space to promote physical activity
- Need for "no wrong door" approach for health & resource centers

## Policy Examples: 2015 Ashland Cherryland Community Health & Wellness Element

Work with and support community groups in offering training on health and wellness. Include prevention of early level diabetes and hypertension, disease management, and stress management through meditation ("Quiet Time Program"). (Action B.22--HCSA)

Partner with organizations and utilize existing community facilities, such as REACH Ashland Youth Center, that provide opportunities for at-risk young people to participate in sports and physical activity, access to health services or health and wellness education. (Action I.7 -- HARD, HCSA)

Work with HARD to identify and fund key parcels, (especially in Ashland) adjacent to existing parks that could be acquired to expand and enhance existing parks. (Policy I.7– HARD, CDA)

## Policy Examples: Other Jurisdictions

Ensure the County's strategies, practices, services, and materials are culturally informed and competent for a diverse population. Support efforts of all health system providers to achieve cultural competency. (County of Santa Clara Health Element Policy HE-A.26)

Expand and tailor recreational programs and services to meet evolving community needs. Programs and services should remain accessible and relevant to today's residents, responding to unique cultural, historic and social needs as well as changing demographics. (Richmond HWE, Policy HW1.3)

## Policy Ideas

Think SMART: specific, measureable, actionable, realisic, and time-based

Who's here?

- Organize annual physical activity events, such as walks, runs, bicycle, including events for people with disabilities rides to promote engagement in PA
- There are many regional parks close to our communities of concern, but just out of reach with public and active transportation. Organizing trips for youth to nearby regional parks will show them and their families that it is there for them.
- Develop collaborative community partnerships to increase awareness of resources to address healthy housing issues
- Strategic public health promo campaign to increase knowledge of PA activities & services yearlong in unincorporated communities. To help increase access to programs, registration, + language access. etc.
- Engage re-entry individuals by paying them to support City/ County tending of Park & Rec/ open space areas
- Explore local initiatives that can "scale up" to unincorporated-wide activity (walking groups to running festival;cooking groups to a cook-off festival )
- Paid-youth/adult opportunities/dev. to lead PA programs in community!
- need for investment of mental health infrastructure and recovery facilities and access to services
- Increase education on programs on PA on an ongoing basis and how to sign up, increasing access for families
- Work with orgs (gov't, CBO's, resident groups) to identify and activate health and PA spaces
- Orgs commit to instituting PA and wellness in their org plan.
- Collaborate and work with local agencies to offer preventative mental health supports workshops in community: meditation + wellbeing, mindfulness, dance & movement, yoga and sound therapy.
- Offer multigenerational year-long PA activities accessible (free) or affordable to all residents. Local CBO/ PH Department.
- Address whole family health and wellness for reentry and homeless populations
- Support mixed use reentry hubs similar to REACH for adult populations
- Cultural celebrations and healing practices beyond Westernized MH approaches
- Community mural and mosaic opportunities
- Strategically highlight culturally relevant, accessbile activites in the area to raise awareness and identify areas of opportunity
- Allocate funding for a summer block party series aimed to get priority communities outdoors and active
- Pass organizational policies on health, wellness, and physical activity similar to the Alameda County Wellness Policy.
- For re-entry folks, train on garden build development and other projects that will provide them work and improve the community
- Utilize mixed use spaces/ housing as a no wrong door resource site
- More outdoor recreational spaces for mixed use activities (e.g., outdoor roller hockey rink in Pleasanton)
- need for horticultural therapy in mental health spaces and funding is needed for staff
- Leverage the new E. 14th Streetscape to promote engagement in physical activity (e.g. parklets)
- Put money into health and physical activity promotions and incentives
- Conduct annual community listening/ brainstorming sessions
- Work with local churches to coordinate putting a senior group together to do a health education class (example- healthy eating or diabetes awareness) and couple with an activity (walking group, yoga)
- I think health education programs (healthy nutrition, PA) is also important for families with children
- Incentivize community to get involved in maintaining their own community (pride in their community)
- need mental health workforce and recovery infrastructure (keeping mind transition from jails)

# 3) Food Access incl. healthy food outlets, food programs, urban farm & gardens, food economy

## Issues Summary

- Better outreach needed for food programs (i.e. to reach seniors, disabled folks, non-English speakers)
- Need for more community gardens and farmers' markets; policy to support urban farming
- Food programs need help with capacity building, data sharing, collaboration, financial sustainability
- Need support for "sector-shifting" work of All In Eats to build circular food economy
- Need jobs, job training, and economic opportunity in the food sector without gentrification
- Lack of accessible, affordable healthy food options and outlets

## Policy Examples: 2015 Ashland Cherryland Community Health & Wellness Element

Consider adding a condition of approval that would require new locations approved for the off sale of alcohol to offer a full range of food choices, including fresh fruits and vegetables. (Action B.15 – PHD, CDA)

Collaborate with local food advocacy organizations to develop an urban agriculture program with youth training opportunities. (Action G.6 – HCSA)

Draft new and implement existing ordinances that expand urban agriculture opportunities such as allowing urban livestock such as bees and chickens; pop-up and long term gardens and urban farms. (Action G.8 – CDA)

## Policy Examples: Other Jurisdictions

Maximize multimodal access to fresh food in Impacted Communities, prioritizing bicycle and pedestrian access, by encouraging grocery stores, healthy corner stores, community gardens, and outdoor markets at key transit nodes and within transit-oriented developments. (CC County, SC-P3.2)

Promote incentives for new development and redevelopment projects to include a healthy food supply, such as a community garden or food forest, or be located within a half-mile of a healthy food supply, where applicable and appropriate. San Diego County – EJ-9.4)

## Policy Ideas

Think SMART: specific, measureable, actionable, realisic, and time-based

Who's here? Ali, Annette, claudia, marty, santi, Erica S, Caroline S., Rachel, Andy, Alexa, rob

- fund Eden Gowns project
- expand the work of getting more fresh fruits and vegs in liquor stores in A/C/HA
- we need a permanent cadre of outreach workets that go door to door for community engagement for a variety of program in A/C/HA/SLZO
- Collaborate and organize bi-monthly open streets/ farmers market style with various vendors and SNAP-ed, offer ACCFB stand for free access to free produce and/or affordable organic local produce.
- requiirng liquor stores to have fruits and vegs (ex. Saba Grocers in Oakland)
- more farmers markets at large housing developments
- Give discounts for buying fresh produce
- how can government more consistantly and long term fund these progrms
- Map out unincorporated "food eco-system" and map strengths, gaps, opportunities
- Local farm and garden plan, as in Alameda
- parklts on east 14th street
- Work with food/ alcohol local business licensing to offer incentives to carry various food choices
- There isa lot of food growning expertise in the commmunity that needs to be tapped to increase food as welsl for entrepreneurship
- School based food distribution
- I like the COA for liquor stores
- Invest in food coupons | food incentives at local stores to increase community F/V intake and support local
- Address the ability of farmers to charge and make a living: subsody
- Pass policy goals to allow healthy food retailers in the area and/or limit "non" healthy food distributors
- zoning incentives for farms on rooftops
- Assess opportunities for farm to table initiatives/healthy food in SLZ, HUSD school districts
- Support Healthy Retail Program (underway)
- Water will be ongoing issue for urban food growing
- Plan for food distributions to be have rotating locations that are on public transport routes
- Coordinate with local farmers & produce markets to bring food to neighborhoods
- Educate community about City ordinances that allow for livestock use for food (i.e., chickens)
- Require healthy food supply projects for large residential and mixed use development projects
- need afforable housing for local farmers
- Increase food delivery for seniors or disabled folks
- educate youth/ community about how food is grown and where it comes from
- Community gardens in shelter and transitional housing
- explore resident-led co-op enterprises and education in all food related activities (distribution, catering,growing)
- a local farm and gaarden plan
- Outreach to hard to reach communites, like trailer parks and maybe have a distribution onsite
- Work with schools to offer some re-development of open space for agriculture/will offer a chance for farming class
- Train community members on tending community gardens
- Connect UCCE Master Gardeners to community garden coordinators
- Connect food benefits to local farmer's market (?)
- consider the economic viabiltiy of all these ideas. Look at it from a systems approach like all in eats and institutionalize it.
- connecting what's happending already at the grassroots lebel that'ts accross the system.
- edible andscaping
- use

Possible Program Goal:
**Comprehensive Urban Ag Approaches**

**Private Urban Lands** + **Public Urban Lands**

Private Urban Lands:
- AB 551-Urban Ag Incentives Zone Act
- Open Stewarded Lands
- For or Non-Profit
- Green Roofs Incentivized for Food Growing
- Stormwater Infiltration

Public Urban Lands:
- Local Farm & Garden Plans
- Public/Communally Stewarded Lands with Communal Benefits
- Owner Tax-Liened/Abandoned Lots
- Non-Profit or Community Based
- Priority Conservation Areas/ABAG
- Edible Landscaping in Parks
- Community Garden/Parks Permits
- School/Church/Parks/Affordable Housing/Community Facility Farms
- Families, 4-H, Scout Troops, etc.

= **Food Secure Healthy Communities**